

Ask about **CLOTS**

A **CLOT** IS A **BLOCKAGE** IN A **BLOOD VESSEL**.



It can travel to other places in the body.

There are different names for **CLOTS**...



DEEP VEIN THROMBOSIS

A PULMONARY EMBOLISM

ANYONE CAN GET A CLOT!



1,250 PEOPLE IN WALES ARE AT RISK OF DEATH ANNUALLY FROM BLOOD CLOTS

PREGNANT WOMEN

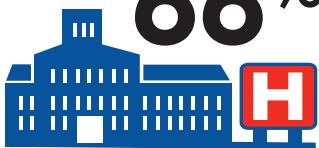
have a higher risk of developing a clot.



25% people who have **SERIOUS SURGERY** can get clots.



66% of clots happen in **HOSPITAL** or in the **90 DAYS** following admission.



Some ongoing medical conditions increase the risk of developing a clot.

1%

of people aged **80+** develop

CLOTS



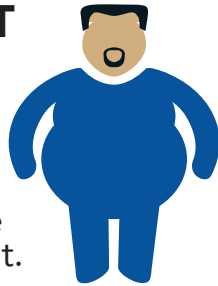
People who have **CANCER**

ILLNESS and POOR HEALTH increases the risk of a clot



OVERWEIGHT people have a **200%** higher chance than other people of developing a clot.

A little or very overweight people.



You have a **HIGHER CHANCE** of getting a clot in **HOSPITAL**



Than on an **AEROPLANE!**

Clots can be **AVOIDED!** Ask to be assessed for **YOUR RISK**



EVERYONE SHOULD ASK ABOUT CLOTS

Ask your **DOCTOR, NURSE** or **HEALTH PROFESSIONAL** about **CLOTS**.

